

the Daglightale

scarier than liking
an ex's Instagram
post - from three
months ago

Vol II, Issue III ~ Oct. 30, 2017

Haven't scored at Augustana yet? Well, we'll help you SCORE!

Isabell Stamm
Staff Writer

of all the things you realized you need and don't forget to bring it!

It's that time of year again. The time for reducing waste and having a fun time while doing it. It's time to SCORE!

SCORE! has been an annual event at Augustana since 2013 and it shows no signs of stopping now. It's a chance for students to peruse gently used items donated by members of the community and collected throughout the year. You could discover some hidden treasures that you never knew you needed, but you sure do now! And did we mention that everything is free? You could be one of the lucky people who are fast enough to SCORE! things like a telescope, a bike, even a canoe. But if you're new to SCORE! and don't know where to start, we have some advice from experienced SCORE!ers that could help you out.

Think about what you need:

The best way to score the items you want is to know what you need! Take a stroll around your room and figure out what you need, whether that is a set of coffee mugs or a cool new painting for your room.

Make a shopping list:

Make a physical note

Join the Herd at 12:30:

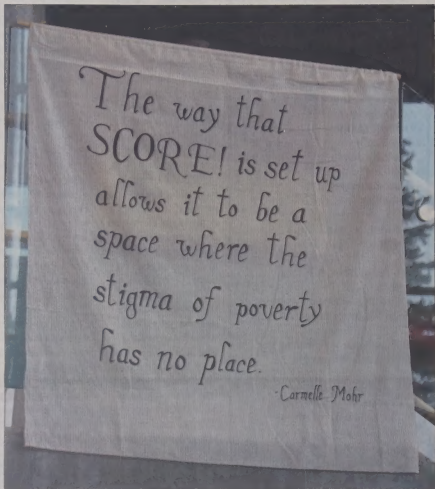
The "Running of the SCORE!ers" takes off at 12:30 on Nov. 2 with the opening ceremonies and fashion show to start. Once that is over, they let the people loose! Make sure you get there as early as you can, because most of the action happens in the first half hour!

Go to the Clothes Last:

Once it starts, head first to the housewares, sports gear, or books first. Go to the clothes last because they tend to stick around longer, and you can come back at another time when it is quieter to sort through everything and maybe even have the opportunity to try things on.

Hang Out for a While:

SCORE! runs for four hours, so you have plenty of time to come back and take another look through everything. Don't be afraid to hang around and check out all the activities that are going to be on and happening. There is going to be a live band, coffee, and lots of fun stuff to do for those who prefer to do some relaxed sustainable shopping or just want to socialize. Living sustainably doesn't have to be hard, so events like this



File Photo/The Daglightale

A display of SCORE!'s mission statement at last year's event.

are here to reduce waste while still having fun!

You can also take part in the SCOREST of SCORE! It is the silent auction aspect that raises money for non-profit organizations, like Sahakarini in Camrose, with some of the items donated. So if you see a cool item you can bid on it and

all the money goes to a good place.

Just remember, SCORE! opens at 12:30 and not a minute earlier so please do not take anything until the opening ceremonies are over. Also, if you want first choice at some of the cool things people bring in, you can drop by Sara Smith's of-

fice in the Learning Commons and volunteer on the drop off day where you get to take home one item of your choosing. Lastly, if you need to get rid of some of the clutter in your room you can also donate items to SCORE! the day before the event, Wed. Nov. 1, all day in the Faith and Life Lounge.

Sexual Assault Committee

What it is, why we need it and how education is vitally important to safe, consensual sex.

Pg. 3

Spotlight

A recent graduate realizes that being a researcher, thinker, and communicator has not prepared her for "real life".

Pg. 4

Familiar Faces

Friendly faces on campus give their thoughts on a pressing question.

Pg. 5

SPORTS!

Taking a look at your Vikings sports teams this upcoming season.

Pg. 6

THE DAGLIGTALE

Oct. 30, 2017

Meet the Team!

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Overheard in the
Newsroom:

"I said something about getting punched in the kidneys, but I can't remember what it was. Ah. Classic Comedy"
- Sammy Lowe

"If you ever hear someone compliment me on how I have my life together, remember I had a Junior McChicken in my backpack."
- Amielle Christopherson

We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsu'tina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

The Editors' Spook

Ions Vs. Interpretive Dance - 'Big Debate'



Sammy Lowe
Co-Editor

Hi there, reader. You doing ok? You look stressed. This time of year is so tough, as assignments and midterms and other commitments seems to keep stacking up with no end in sight. I feel for you, really I do.

If I could, I would jump out of this newspaper and give you just the right amount of physical contact and reassurance that is appropriate for two relative strangers. Feel better? I didn't think so.

Well, I am quite stressed too, and that stress has only gotten worse throughout my time here at Augustana. Now don't get me wrong, I have really loved my time here at Augustana. In fact, some of my favourite memories are here and include (generic

classroom experience), (inside joke about the pedway or something else campus-related), and (ASA-sanctioned student event). However, as someone who has taken many course in both Biology and Drama, I frequently find myself in the position of have to answer the question: Which is harder: arts or science?

Now, first of all, I completely reject the notion of such a question. How can you even hope to compare two disciplines that are so fundamentally different? How I am supposed to tell you if understanding the molecular synthesis of amino acids is harder than accessing repressed trauma to be vulnerable in front of an audience? Frankly, I can't do it.

While science courses tend to have more rigorous elements that we would label as "academic" (e.g. lab reports, written exams, complicated technical content), I find drama courses to be just as difficult, albeit

in different ways (e.g. 3-5 hours of rehearsal every night, bawling for an entire 2 hour class after acting out personal experiences, trying to understand abstract ways of working).

Both have their unique challenges, which is why I love both disciplines equally (and I don't just mean that like when your mom says that she loves you and your siblings equally, but she clearly loves Harriet just that little bit more).

However, I also completely accept the notion of the question comparing the two, as Science and Art is not so different than many of us have been lead to believe.

While many people assume that my program involves constantly shifting between two very different extremes, I have discovered that there is a substantial amount of overlap.

I feel very confident when given scientific presentations due to my theatrical experience in front of crowds, and

I now view research as something that can be creative with room for improvisation (as opposed to a strictly mechanical process).

I have also found that developing stringent scientific methodologies and work habits has provided much needed structure and discipline to my more abstract drama work.

For fear of sounding cliché, I really wouldn't feel completely like 'me' if I didn't have both in my life.

Now, these are just some of my thoughts, as I also appreciate that my 'Science' and 'Arts' knowledge is primarily from the perspectives of Biology and Drama, respectively. So, please do what you want with my opinion; take it, leave it, add me on snapchat (sammeow). Whatever.

But, whatever you do take from all of this, never forget the main pressing question: how are we supposed to get jobs in today's economy with a liberal arts degree?

It's true: we'd all rather be sleeping, but alas



Amielle Christopherson
Co-Editor

Do you know what my favourite part of being a co-editor has been so far? Not writing an editorial. Sure, there was that super chipper, 200 word bit in the first issue where I told y'all how happy I was to be here, but let's be real: that wasn't really a column. That was me doing my due diligence so the ASA will keep supplying me with that adequate, adequate paycheck.

But now we're heading to deadline, I've stared at the office walls for many, many hours. I've eaten that Junior McChicken that was in my backpack (it's

okay: I'm judging myself as well) and I have never been more ready to go home and sleep than I am in this moment.

Then again, if you catch me at the end of next week, or heck, even in the middle of Tuesday, I'll give you a look that tells you that I would 100% of way rather be in bed than whichever space I'm inhabiting at that particular moment.

A feeling I'm confident is fairly universal amongst the lot of us walking like zombies around campus and wondering how effective it would be to have coffee administered through an IV drip instead of needing to actually take the time to drink it.

But as much as all of us would much rather be hiding out at home and getting a healthy amount of sleep, we're all procrastinating in the Forum and at least *that much* closer to finishing our assignments.

(This goes out to all you profs, too. I see you stopping by for your fourth cup of coffee during my two hour shift at Monica's.)

And here's the thing: even though we're all grumpy and over-exhausted because instead of catching up on sleep we partied all weekend because it's (insert chosen excuse: friend's birthday, a holiday, you had a midterm, you're still alive), we're still giving it a go. We're getting up and getting assignments done. We're setting alarms for a five minute nap. We're asking for help and getting tutors. We're not punching the people around us in the face when they do or say something infuriatingly stupid (or simply existing). We're committing to group

projects we've been forced into and showing up at our part time jobs and providing stellar customer service to people who don't deserve it.

That doesn't sound like it's a lot or that it makes any real difference but as the token Old Person™ for most of you, I'm going to drop some Corny Old People Reminders™: the effort counts. It matters that you're putting in effort and doing your best and life is a long, curious thing and things you thought would be a waste of time have a funny way of being the reason you succeed and even though it may feel awful and terrible now, this is a decently short chapter in the long novel that is Life.

Annnd that's enough of a pep talk from me. If you need anything more, go ask Terence. He's much better at this type of thing.

Reflecting on the Augustana Calendar and New Budget

Jenny Green
Staff Writer

Is it midterm season already? It seems like only yesterday we were working to meet the intensive objectives of the three week semester. Before long, that will be the norm all over again. To quote *Game of Thrones*, "Winter is coming," and with it the second round of the 3-11 calendar.

As we move towards the future, we also look into the new budgeting plan the University of Alberta is considering adopting within these next two years. How will students survive Round 2 of the three week term? How will Augustana be affected by a new budgeting plan? What does Dean Berger have to say about all this? After inquiring, we have answered all of those questions and more.

Despite not wanting to

jump to conclusions — and admitting there may have been some unevenness between various courses offered — the dean is, "particularly pleased by the very positive feedback so far from students, faculty members, and tutors about first-year seminars."

As we are still in the midst of completing the eleven week term, he withheld any comments pertaining to the second phase of the 3-11 schedule; however, he believes that the Student Association's survey, and "the more formal assessments led by Dr. Hallstrom" in the upcoming months will give a clearer picture regarding the overall effectiveness of Augustana's new calendar.

Without a doubt, the pace of the first three weeks was incredibly different from anything Augustana has previously seen. According to the

dean, it "was a surprise to both faculty and students," which is certainly compelling to consider.

As students, it was easy to compare and complain (I mean, contrast) the stresses of the intense rhythm to one another; yet, it's a curious thought to think that our professors were in similar boats. Talking for a straight three hours must have been exhausting — talking for a straight three hours every day must have been gruesome!

On that note, how can we mentally prepare ourselves for the winter schedule? Already thinking ahead to how faculty and students can thrive in Round 2 of the 3-11 calendar, Dean Berger believes "many [faculty] are beginning to recognize how less can be more. For students, [he believes] the key is recognizing that the commitment required

for a compressed course is significant."

As an example for the "less is more" approach, Dean Berger suggested that fewer or changed assignments has the potential to lead to improved student learning and higher quality work.

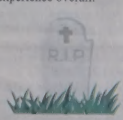
With more experience with this arrangement, perhaps we will all adjust and find comfort in what the 3-11 calendar has to offer. Similarly, Dean Berger is hopeful and trusts that "both students and faculty will eventually discover the changes in rhythm across an academic year to be very satisfying."

As for the new budget the University of Alberta is looking to adopt within the next two years, the dean is "pleased by the design principles that are governing the development of the new budget model. For example: priority of academic needs,

transparency, equity, predictability, etc."

From here, the difficult part will be managing the details of the project. With the new budget, he is hoping that Augustana's distinguished needs and "unique mission" will be considered, and that it will be an opening for the North Campus' senior administrators to learn about Augustana's individuality. The Dean also welcomes "suggestions in coming months about how the Dean's Office can best communicate and solicit input."

As the seasons change and we turn away from this brisk fall to a typical and distressingly cold winter, the 3-11 calendar and budget are also changing. Hopefully, we see beneficial changes to both endeavors to help student achievement and improve the Augustana experience overall.



Learning About the Augustana Sexual Assault Committee

Amielle Christopherson
Daglightale Co-Editor

Started last year in the wake of an incident on Main Campus, the Augustana Sexual Assault Committee is focused on providing education and information on sexual assault in an effort to make Augustana a safer place.

Alex Ho, the VP of Student Life on the Augustana Students' Association is a member of both the Committee, as well as the complementary Sexual Assault Working Group.

Ho said that even though Augustana may not have a rampant problem like other campuses, "that doesn't mean we shouldn't be doing anything in order to educate and spread the word and enlighten students that sexual assault is a problem that happens."

Ho said that he's not sure the problem is one that will ever entirely disappear, but making the student body more aware of what sexual assault is and what it looks like is a great step in helping to minimize the frequency of it happening.

"I feel like people will be more attentive with how they deal with things and how they act when they go out in the public sphere or when they go out and party," said Ho. "People think that 'yes' or 'no' is where it is, but being groped in a club is sexual assault. It goes so much deeper than when you're actually involved in a sexual act."

He wants people to be more mindful of their actions and how they may impact others around them. As well, hopes that opening up the discussion will give those who have been sexually assaulted a platform to open up and feel safe.

Ho said there is a lot of thought that "if it happens to me, it makes me less of a person but no. It doesn't," he said. "We created the committee and want to open up the discussion around sexual assault to empower people and to be able to show them that it's okay [to talk about it]."

Ho said one of the main issues is the lack of available resources in Camrose.

"We don't have a nurse on

campus, we don't have a crisis centre. You have to go to the police station and they will then direct you to one of the centres that have kits, the closest of which are in Red Deer and Edmonton."

Main campus has a call centre and crisis line to call.

"It's hard because a lot of students here don't have a vehicle or access to getting to Edmonton."

Calista Stoyles, a student at Augustana, will be heading the committee, which consists of Ho and Randal Nickel, who is also part of the Working Group. The Working Group will focus on more larger scope issue and attaining resources to deal with the issue, such as eventually getting a crisis centre.

Since the focus of the committee is getting more information to students and helping discuss what sexual assault is and looks like, Ho said the aim is to have a Sexual Assault Week or similar type of event for students.

Last year Hope McDonald was one of the main organizers for a Take Back the Night event that coincided with a sexual as-

sault information week where the I Believe You campaign visited campus and the campaign has an interest in visiting campus again this year.

"We would like to have more events gearing around knowledge and workshops are definitely something that are something to look into," he said.

The new 3-11 calendar is also an opportunity for education. As the first years are involved with a three week first year seminar program, Ho said it provides the perfect space for education.

Keith Edwards, a college speaker focusing on sexual assault, did visit and do a presentation with the first years during their three week seminar, but Ho said it would be ideal to have a full day informational event.

Any students that are interested in getting involved with the committee can contact Ho at asavpstu@ualberta.ca to get involved.

There's also a sexual assault survey Augustana students can fill out online at www.nterceptum.com/s/en/3792189.

Spotlight



Post-Augustana: "I am Too Sensitive to Hold Down a Job"

Carolyn Venter
Unemployed

So, You're graduating. And you're excited because:

- A) You'll get a job.
- B) People will think you're smart
- C) You'll get to touch Dean Berger's hand.
- D) You know how to kiss people without giving them hickey's.

If you answered anything besides C, your expectations are too high.

I spent the summer after Augustana like any other, unemployed. But this summer was different. This summer I passed out face down on the front steps of my apartment eating a fudgesicle.

This wasn't an isolated incident either. After the third person approached me to make sure I was in fact, still breathing, I decided it was time to make a change.

So, I enrolled in an online funeral sciences program, started taking martial arts, and wrote a blog about my ongoing feud with my roommate's nine year old parrot fish, Gabriel.

Even though I managed to find some sort of "purpose", I still long for the days of undergrad. I miss all two times I set foot in the library. I miss the professors who'd give me feedback like "You wrote Plato; did you mean Aristotle?" But most of all, I miss my friends. I'm so lonely, I'm starting to think children aren't all that bad of an idea.

Luckily for me, the stigma I received for being a drama major while I was in

university wasn't all that different from the stigma I now receive for going to university in the first place, so that nice.

I've been noticing for awhile now that people outside Augustana don't even know they're being racist and they tend to get really mad when you point it out. Strange!

I can't even wear fishnet stockings to the grocery store on a Tuesday morning without the grocery teller saying "Let me guess. You're here to tell me about how women are people." To which I reply "I was actually going to buy this bread."

To the average Camrosian, I'm even dumber now than when I started school, and I'm routinely given advice about how to 'work my way up the ladder' and 'liquefy my assets' as if passing out while eating a fudgesicle isn't an accomplishment in an of itself.

Now you might be saying 'these sound like Carolyn-specific problems', but I will have you know that all two of my friends have shared similar stories with me.

One friend recently had a guy tell her that he would love to date her if she wore more makeup. Keep in mind she never expressed an interest in dating him in the first place. Strange! My second friend is working on the rigs right now and he's having a hard time with the whole 'selling your soul for a paycheck' thing.

Did Augustana prepare me for the real world? No. But did Augustana turn me into an informed and inspired advocate for secular humanitarianism? Also no.

Successful
People

Unsuccessful
People

Photo Courtesy - Carolyn Venter

Former Dagligtale wordsmith Carolyn Venter realizes that life after Augustana is not as straightforward as our undergraduate liberal arts experience might suggest. We miss you, Carolyn, and hope that you find that sense of purpose you are longing for, whether you find it in showbiz, funerary studies, or more fudgesicles <3

AUGUSTANA'S GOT TALENT

featuring Canadian content, Canadian-themed treats and a special performance by The Men Who Fell to Earth

November 4th, 2017

6:00 pm - cupcake reception

7:00 pm - student performances

Jeanne & Peter Lougheed Centre



Familiar Faces - "What services do you think Augustana is missing and why?"⁵

Nathalie Hewa Dewague
Staff Writer



"There needs to be more job shadowing and internship opportunities."

- Gernil Szmyt

"Not to take from Monica's profits, but a Tim Horton's would be nice. The amount of kids who go out of their way to get Tim Horton's coffee is ridiculous!" - Abigail Giles



"An accessible gym that's free to students would be pretty beneficial. It would promote a healthier lifestyle without costing money for students." - Crystal Labrecque



"More mental health support programs, especially with the 3/11 system here in place. (Airsoft fields won't hurt either)."

- Danny Yang



"All day snack! We pay so much for the food I think we deserve it. Some days there's no snack at all and it makes me sad." - Easha Das



"A gym on campus. The rec center might be too far to walk in the winter" - Dexter McLeod

Status of Queer - Rural Conference Comes to Augustana!

Natalia McGill
Sex and Diversity

On October 14th, an incredible group of queers, trans persons, and allies came together for the "Status of Queer" conference, hosted by Alt-View and Augustana. The day started off with a lovely breakfast where conference goers mingled and prepared for the rest of the day. Many guests provided words of welcome, including Randy Boissonnault (Special adv. to PM), and Bruce Hinkley (NDP MLA).

Mr. Boissonnault, went on to speak about the amount of support the LGBTQ+ community has from our governments. He made prominent the purpose of the conference by stating that "intersectionality needs to happen in rural Alberta", especially in smaller and more tradition towns where queer or trans persons can become isolated and ostracized.

In addition, he also spoke of the future for LGBTQ+ persons in Alberta and Canada, and mentioned the provisions being made for LGBTQ+ persons of all ages and in all

types of communities such as: the blood ban, safer schools, expanding criminal records for those criminalized for being gay, training and cultivating allies, creating symbols and substance for our community, as well as C16 work and an apology to the community on behalf of the government.

Roy Louis also gave welcome from an indigenous perspective, and led us through a traditional prayer.

The first panel discussion on rural initiatives for LGBTQ+ persons followed these greetings. Sitting on this panel was Augustana and Camrose's own Thomas Trombetta, Lars Hallstrom a U of A professor, Kristen Allen from Fort St. Rainbow Alliance, and Wayne Wilson from Camrose Pride and Open Door.

Thomas started the panel discussion by speaking about the successes of Camrose Pride and highlighting the all ages dance parties where "we are able to reach people of all ages and from different communities". He also mentioned ExpressOUT events and their

success as well.

Lars, who's focus is on policies and rural development, highlighted the public policy shift for rural Alberta and the importance of people seeing rural Alta. in a new light so that more initiatives can be developed and steps taken to improve rural living, especially for LGBTQ+ persons. Lars goes on to vocalize that rural communities need not to be so resistant when it comes to change.

The panelists then went into discussion about issues such as lack of rural transportation to necessary queer services, as well as the issue of visibility for LGBTQ+ persons, and lack of resources for sexual health and mental support.

Lars echoed this, then contextualized rural Alberta by drawing parallels of homelessness rates from rural areas to urban centers, and compared this to queer representation and concluded they are represented differently due to resources and density of population; "rural homelessness is different from urban homelessness, and so are LGBTQ+ issues".

The second panel focussed on intersectionality and accessibility. The lovely NDP Whip Estefania Cortez-Vargas made an appearance, alongside several community members and other intersectional LGBTQ+ persons. The panel discussion focussed on emotional and heavy issues that each panel member has experienced. I admit I sat, listened, empathized, and cried this entire time, so I didn't take many notes.

Out of this panel came some, such as: "accessibility for queer AND disabled persons in rural Alberta or even just urban Alberta is even more-so limited" said Carlisle, one of the panelists.

This idea was built on by other panelists who discussed struggles about accessibility on reserves especially, as well as the ostracization immigrants experience when combined with being queer the abundance of "otherness" became an even bigger obstacle.

From Estefania came the sentiment "when you have intersecting identities, you may have to compromise one identity for another one"; a thought

that was echoed by all of the panelists present.

After small group talk-backs full of positive vibes and active discussions, the conference began wrap up with a panel on faith and queerness where panelists Liz, Ruth, and Gus discussed the abuse towards LGBTQ+ that has stemmed from religious groups. "At what point do we use God to hate?" was a question asked by Ruth.

The other panelists echoed these sentiments in their own words and own contexts of faith, and all ultimately agreed that faith is for bringing peace to the world and to be on the side of the outsider. Though a controversial issue, and under-represented in terms of different faiths, this panel sparked a lot of discussion amidst the debriefing groups.

The conference concluded with TED style talks from various straight/cis and LGBTQ+ members of the Camrose and area community. Conference goers were able to continue their discussions into dinner, and at the all ages dance party that evening.



Photo Courtesy - Crystal Rosene

Crystal Rosene
Cosmic Corner

Something that seemed to completely flood social media this summer was news of this 'artificial star' that was launched by the Russians this past June. This so-called star, named Mayak (which means beacon), was a small satellite that hitched a ride to the interstellar unknown aboard a Russian Soyuz rocket.

The plan was simple: once in orbit, small, thin, reflective panels would unfold

into a pyramid shape, and settle into a solar-synchronous orbit so that it could be seen all over the globe. Clear your calendars, folks! This is one event you don't want to miss!

However, this plan wasn't the brainchild of a government funded national space agency. In fact, this project was designed, in part, to demonstrate the accessibility of space to the public. Scientists at Moscow State Mechanical Engineering University were responsible for this massive undertaking

Star Light, Star Bright!

which was actually a public-funded project partially designed to show that anyone with an interest in space was capable of reaching it.

The satellite also had plans for a practical application: removal of the ever-plentiful space junk. This application would involve a small, easily-deployable parachute that could attach to space junk and allow it to be lowered close enough to the Earth that it would burn up in the atmosphere. Thereby, we could slowly mitigate the plethora of galactic garbage that is casually conglomerating in our own massive extra-terrestrial landfill.

This all sounds like a fairly neat plan. However, this 'star' was actually highly controversial. While some people affiliated with the

project claimed that this satellite would become the third brightest object in the night sky (outshone only by the sun and moon), alternate calculations suggested that it was more likely to be just a little less bright than Venus. Either way, it would still be quite stunning, although maybe slightly obnoxious, to behold.

This is where the controversy starts. Astronomers can be quite hard-pressed to find adequately dark locations from which to view the distant cosmos. There are several so called 'dark sky reserves' dotted around the globe which provide a nearly uninhibited view of the night sky. These are areas that are not suffering from extensive light pollution (such as that in a large city) that prevent you from seeing small details



and resolving individual stars. However, this proposed Russian satellite, in its solar-synchronous orbit, would be visible all around Earth, and would be difficult to escape, even in a dark-sky reserve.

Particularly because this project was not government organized and run, astronomers were concerned that this public-funded star would inhibit the endeavours of some bigger national operations.

As it turns out, apparently this worry was for naught. Shortly after launching, members of the team reported being unable to locate the satellite. Later they reported that it had apparently failed to deploy. So now somewhere up there, ironically adding to the space junk it was set to eliminate, is the failed Russian mega-star, Mayak.

Augustana Vikings teams ready to make their marks on the ice, court

Amielle Christopherson
Dagligtale Co-Editor

Women's Volleyball:

Augustana's athletic director Greg Ryan took on the role of women's volleyball coach this season and he's already had quite the success with the team.

Ryan said he saw the team's potential during the preseason and that a lot of that was a testament to the returning players' commitment to coming back in excellent shape.

"All the hard work they've put in in the last couple of years is starting to pay off," he said, noting the team clocked wins against Kings and narrowly lost to Ambrose College, one of the best teams in the south division.

The team will make an appearance at conference championships since Augustana is hosting this year, but "you never want to make it into the championship just because you're the host," said Ryan. "You want to make it in because you deserve to be there."

Men's Volleyball:

Coach Stephen Leggett is ready to get back on the winning track.

"I have depth this year. I didn't have any depth last year at all really," he said. "I had my five or six guys and that was it. I have a couple of good right side hitters, I can bring them in at any time. I have three left sides right now that are ready to play, three middles, three liberos, so from that standpoint, I'm very excited."

Leggett also complimented fifth year player Pat Mate on his leadership skills and improvements on the court.

"Pat's taken on a little bit more

on the court, the leadership in the locker room, in practice," said Leggett. "It's his last year and his game has progressed to the point where I'm very confident bringing him in and having him play middle."

Additionally fourth year setter Logan Pasishnik has shown marked improvements.

"I think, finally, he's figured it out and he's really matured. He now has the hitters to be able to think about the game a little bit more. Last year he didn't have the hitters, he didn't have options a lot of the time. This year, he has five options," said Leggett.

The team is aiming to make it to playoffs, with a goal of heading there in first or second place, something Leggett is confident they can achieve.

Women's Basketball:

Robyn Fleckenstein joined on as women's coach in the spring and is bringing strong coaching creds to the team. Fleckenstein joined after spending four years with the University of Alberta women's coaching staff, at one point coaching leaving coach Kelly Lyons.

Although the pre-season looked a little rough for the team, the women's team is 2-2, with marked improvements even so soon into the season.

"I think our pace of play is very good this year," said Fleckenstein. "We make fairly good decisions in transition. We're fairly big, bigger than most teams, which is great. I see a lot of things. We're pretty smart and we're going to get smarter."

She said the team is adjusting well and the five rookies Lyons brought in before she left are game

smart players, but the step from high school ball to university is there.

"A lot of that is learning how to play smarter, not harder and we're figuring that out right now," said Fleckenstein of her team. "Right now we're working really hard. Really hard. But it's coming. I see us understanding more what it's really going to take. Our ability to fight through the downs is much better."

Men's Basketball:

Coach Dave Drabiuk is impressed with the returning players he has and is confident in the basketball IQ he's brought to the team with his new rookies.

"I think we are in a position to do well. Last year we were a playoff team," said Drabiuk. "Our guys are not going to be satisfied having the last playoff spot again, they have designs on being in a medal game, being in a semi-final. The goal is to get the semi-final. I think we're capable of doing it. We have the pieces we need."

In terms of positive, Drabiuk credits his team's ability to get on off the court for the cohesiveness that has developed when they're playing. However, he notes that that chemistry doesn't make up for the size disadvantage they have against other teams.

"That disadvantage causes us to lose some rebounding battles and forces us to have to be smarter defensively because we're outsized," he said. "In terms of some deficiencies, our rebounding is probably the biggest one. We have to be a little more aware of matchups and who is guarding who because we do have some potential for some real big size differences."

Though there's some hard work ahead of the team (they'll be missing captain Darian Smirnovsky for the next few weeks), Drabiuk said the main thing to keep in mind is "know[ing] how good we can be and we just have to work about us."

Hockey:

The hockey team started the season a bit sluggishly, giving up eight goals to NAIT's three in the opening weekend. However, the team's ability to bounce back (they beat both Red Deer and thoroughly crushed SAIT) is what's impressed coach Blaine Gusdal. "It's on the players come game time and I was proud of the fact that we wins against Red Deer and SAIT, almost crucial wins at this point in the season."

He credits goalie (and last year's MVP) Curtis Skip for his influence on the team, calling him the team's backbone.

"What he brings to the table is his overall preparation," said Gusdal. "The way he goes about his business, whether it's being at the rink first for practice or first for games. That's a key because it rubs off and I see more and more guys doing that, more and more guys really starting to understand the importance of preparation."

Gusdal is also impressed with the group of new players he's brought in, including four rookies and three transfers from other schools, saying that their perspective and experience has been a refreshing addition to the team.

As for goals, for Gusdal it's always been about bringing home the gold, and it's something he feels this team can accomplish.

Procrastination Station



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Your Halloween Horror Symbol. Discover your true horrible self.

Aquarius (Jan 21 - Feb 19)

Corn maze. You're confusing, and cause a lot of conflict between others. Home wrecker.

Pisces (Feb 20 - Mar 20)

Treats. Yes, you're delicious. But your adverse effect on everyone's health needs to be addressed.

Aries (Mar 21 - Apr 20)

You're a black cat. This has nothing to do with people being sceptical of you, and everything to do with the amount of hair you shed. Buy a brush.

Taurus (Apr 21 - May 21)

You're a jack-o-lantern. Your light and toothy smile provides excitement to those around you. Don't think that's horrible? Imagine that one friend you have who is exhaustingly happy.

Gemini (May 22 - June 21)

You're a witch. Maybe it's because people think you're magical, or maybe it's because your laugh is terrifying and you're incredibly mean to people. Why are you like this?

Cancer (June 22 - July 23)

Candy corn. Enough said.

Leo (July 24 - Aug 23)

Spider web. People easily get stuck on you, and your resilience is admirable. But you're still an inconvenience and an eye sore.

Virgo (Aug 24 - Sep 23)

Spooky ghost, because you're annoying, transparent as hell, and you know how to screw someone's day or life up. Congrats?

Libra (Sep 24 - Oct 23)

Werewolf. You're moody and inconsistent with your personality.

Scorpio (Oct 24 - Nov 22)

Haunted house. You are full of surprises. Scary surprises. You might be a psychopath.

Sagittarius (Nov 23 - Dec 21)

Graveyard. You are full of negative energy and are stone cold.

Capricorn (Dec 22 - Jan 20)

Vampire. You are literally sucking the life out of people. Stop it.

Even Ghosts Have Midterms
An Original "Ayla Is Awesome Cartoon"



Ask Amber

Your sassy, satirical self-help guru

Well, once again nobody submitted anything. Odd, since I see you all complaining on Chillabot about your problems. But here we are. Remember, you can submit online at: www.dagligtalenews.ca/ask-amber.

This week I'm going to offer some advice that stems from my last column about Tinder dating. Stop talking to your pre-med psychology friends because they don't know everything, and take my advice. By now that Tinder relationship should be over because let's be real, it's Tinder. Welcome to Break Up Land, you sad sardines. Dealing with a break up isn't as straight-forward as you'd think. Oh no, there's revenge to consider, rebound dating, separating your things, how to hate this

person, how to have one last intimate encounter without letting your best friend know and get mad at you, how much to drink now that you have a void to fill, and so on and so forth. So let's focus on some healing steps you can take.

1) **Rebound.** Go straight to Old Cinema where you *know* your ex will be on Friday, and find at least three people to make out with in front of them. Then make sure you "accidentally" Snapchat them a photo of you and another person.

2) **Make an art piece** about them and perform it or present it in the forum. Call the newspaper so they can cover it and make sure everyone knows how you're feeling about

this break up and embarrass them as much as possible.

3) **Tell Facebook.** Every status update should be about this break up, and about them. Facebook is just an online diary, okay? You remember that.

4) **Send them an email** since you know they blocked your number and your Facebook, and tell them how much you don't even need them or their mom's Sunday dinners anymore. Better yet, email their mom.

5) **Become a new person.** Change your name, fake your death, and move to Belgium. They have a shit ton of chocolate in Belgium. Cut your hair off. Shave your eyebrows. Get a tattoo of their face crossed out. Do these things and find out just who the hell you are without this parasite

attached to you.

Listen. These are just a few ways to deal with your break up. Everyone deals with break ups differently. But I find the best way is to be as insane and psychotic as you possibly can before you mellow out and become a rational human being. No apologies here.



Camrose Happenings!

Wednesday,

November 1

Building Capacity for Reconciliation: Indigenous Governance

6:00 p.m. Mayer Hall, Loughheed Performing Arts Centre

Free to attend!

Thursday, November 2

SCORE!

12:30 p.m. in the Forum

Friday, November 3

John Welsh Band

8:00 p.m. at the Bailey Theatre
Tickets are \$15 for students and can be purchased at the Bailey Box Office or online at baileytheatre.com.

Saturday, November 4

Augustana's Got Talent

6:00 p.m. cupcake reception
7:00 p.m. student performances
Loughheed Performing Arts Centre

Sunday, November 5

Battle River Big

Band: La Vie En Rose

2:00 p.m. at the Bailey Theatre
Tickets are \$15 for students and can be purchased at the Bailey Box Office or online at baileytheatre.com.

November 9, 10, 11,

16, 17, 18 @ 8 p.m.

November 12, 18 @ =

2 p.m.

Agatha Christie's And Then There Were None

At the Bailey Theatre.

Tickets are \$55, include a meal and can be purchased at the Bailey Box Office or online at baileytheatre.com.

Thursday, November 9

Nashville Hurricane

8:00 p.m. at the Loughheed Performing Arts Centre
Tickets are \$22 for students and can be purchased at the Loughheed Box Office or online at camroselive.ca.

Wednesday, November 15

Honkytonk Experience with Donny Lee

7:30 p.m. at the Performing Arts Centre
Tickets are \$35 for students and can be purchased at the Loughheed Box Office or

online at camroselive.ca.

Thursday, November 16

This Is That

8:00 p.m. at the Performing Arts Centre

Tickets are \$32 for students and can be purchased at the Loughheed Box Office or online at camroselive.ca.

Sunday, November 19

The Polar Express

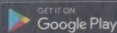
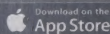
2:00 p.m. at the Loughheed Performing Arts Centre
Tickets are free!



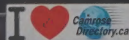
Welcome Back!

Download the App
that gets you around Camrose!

Pizza & Chinese Food Take-out Menus
Cell Phone & Computer Repair • Clothing
Entertainment • Hair Stylists • Auto Repair
Liquor Stores & Dial-A-Bottle



Pick up our Bumper Sticker & Play
some of our Great Contests.



Go VIKINGS!

Friday,

November 3

Vikings Basketball

vs. King's Eagles
6:00 p.m. Women's Game
8:00 p.m. Men's Game

Saturday,

November 4

Vikings Volleyball

vs. King's Eagles
6:00 p.m. Women's Game
8:00 p.m. Men's Game

Friday,

November 10

Vikings Volleyball

vs. Keyano Huskies
6:00 p.m. Women's Game
8:00 p.m. Men's Game

Saturday,

November 11

Vikings Volleyball

vs. Keyano Huskies
1:00 p.m. Women's Game
3:00 p.m. Men's Game

Saturday,

November 18

Vikings Hockey

vs. MacEwan Griffins
6:00 p.m.

Vikings Volleyball

vs. NAIT Ooks
6:00 p.m. Women's Game
8:00 p.m. Men's Game